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| **week 1** | monday | tuesday | wednesday | thursday | friday |
| main option 1 | crispy lemon chicken with a lemon sauce | shepherd’s pie | turkey & pancetta bake topped with herby potatoes | roasted beef with yorkshire pudding | Salmon fish finger or mini battered fish fillets |
| main option 2 | tofu pad thai | wild mushroom filled crepe | potato gnocchi with a tomato & pesto sauce | spinach & goats cheese tart | four cheese ravioli with tomato & spinach sauce |
| theatre dishes | curry from around the world | homemade fishcakes | world food wednesday | n/a | catch of the day |
| jacket bar | tuna, beans & cheese | beans & cheese | tuna, beans & cheese | beans & cheese | curry, beans & cheese |
| pasta/rice bar | tomato sauce or smoked ham & pea sauce | tomato sauce or carbonara | tomato sauce or three cheese sauce | sweet & sour chicken with rice | bolognaise |
| sides | egg fried rice  soy broccoli  pak choi | minted new potatoes  sweetcorn  courgette | cheesy mash  roasted carrots  garden peas | roast potatoes  savoy cabbage  swede & parsnip mash | chips  roasted root vegetables  cauliflower cheese |
| soup & bread | soup of the day  olive oil bread  croutons | soup of the day  cheese & herb plait rolls  croutons | soup of the day  caramelised onion bread  croutons | soup of the day  crusty bread rolls  croutons | soup of the day  white bread  croutons |
| pudding 1 | rhubarb fool | apple & blackberry pie | cranberry & white chocolate sponge | syrup pudding | corn flake tart |
| pudding 2 | jam & coconut sponge | honey & yogurt cheesecake | fruity oat cookies | ice buns | coconut macaroons |

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| **week 2** | monday | tuesday | wednesday | thursday  **ALLERGEN FREE** | friday |
| main option 1 | butter chicken curry | beef lasagne | chicken enchiladas | rosemary roasted leg of lamb | cod fish fingers or breaded mini fish |
| main option 2 | onion bhajis served with mango chutney | quorn lasagne | rice & refried bean burrito | stuffed flat mushroom | cheese & caramelised onion pie |
| theatre dishes | filled khobez | omelette Armageddon | world food wednesday | n/a | catch of the day |
| jacket bar | tuna, beans & cheese | beans & cheese | tuna, beans & cheese | beans | chilli, beans & cheese |
| pasta/rice bar | tomato sauce or cheese and bacon sauce | tomato sauce or bolognaise | tomato sauce or cheese & chive sauce | chicken curry with rice | chunky tomato sauce |
| sides | pilau rice  broccoli  green beans | garlic bread  sweetcorn  cauliflower | corn bread  roasted peppers and green beans  peas | roast potatoes  braised red cabbage  glazed cabbage | roast potatoes |
| soup & bread | soup of the day  sea salt focaccia  croutons | soup of the day  nigella seeded rolls  croutons | soup of the day  rosemary & garlic bread  croutons | soup of the day  onion rolls  croutons | soup of the day  pumpkin bread  croutons |
| pudding 1 | jam swirls | chocolate fudge cake | apple strudel | coconut rice pudding | pear & honey crumble |
| pudding 2 | double layered cherry cake | cup cakes | chocolate chip shortbread | fruit flapjack | chocolate & orange cheesecake |

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| week 3 | monday | tuesday | wednesday | thursday | friday |
| main option 1 | lincolnshire sausage with fried onion | tortellini formaggio in tomato & bacon sauce | steak pie | honey & thyme roasted chicken with stuffing | garlic & thyme chicken burger or breaded salmon |
| main option 2 | chick pea & butternut squash curry | potato frittata | brie & cranberry filo parcel | stuffed aubergine with mozzerella | sweetcorn & courgette fritters |
| theatre dishes | vegan dish | Tacos | world food wednesday | n/a | catch of the day |
| jacket bar | tuna, beans & cheese | beans & cheese | tuna, beans & cheese | beans & cheese | curry, beans & cheese |
| pasta/rice bar | turkey meatballs in tomato sauce or ham & pea sauce | tomato & basil sauce or creamy chicken and sundried tomato sauce | sausage in bbq sauce or mac & cheese | chilli with rice | tomato sauce |
| sides | colcannon  roast courgettes  peas | garlic bread  sugar snaps  broccoli | mash  carrots  sweetcorn | roast potatoes  sautéed cabbage  roast parsnips | chips  peas  beans |
| soup & bread | soup of the day  stilton bread  croutons | soup of the day  cheese rolls  croutons | soup of the day  wholemeal, seeded bread  croutons | soup of the day  spinach rolls  croutons | soup of the day  sundried tomato bread  croutons |
| pudding 1 | pineapple upside down cake | Sticky toffee pudding | chocolate brownie | banana & caramel cake | roly poly |
| pudding 2 | banoffee pot | apple & cinnamon muffin | Vanilla sponge with buttercream & strawberry layers | black forest trifle | coconut & custard cake |