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| **week 1**  | monday | tuesday | wednesday | thursday | friday |
| main option 1 | crispy lemon chicken with a lemon sauce  | shepherd’s pie | turkey & pancetta bake topped with herby potatoes | roasted beef with yorkshire pudding | Salmon fish finger or mini battered fish fillets |
| main option 2 | tofu pad thai  | wild mushroom filled crepe | potato gnocchi with a tomato & pesto sauce | spinach & goats cheese tart | four cheese ravioli with tomato & spinach sauce |
| theatre dishes  | curry from around the world  | homemade fishcakes | world food wednesday | n/a | catch of the day |
| jacket bar  | tuna, beans & cheese | beans & cheese | tuna, beans & cheese | beans & cheese | curry, beans & cheese |
| pasta/rice bar | tomato sauce or smoked ham & pea sauce | tomato sauce or carbonara | tomato sauce or three cheese sauce | sweet & sour chicken with rice | bolognaise |
| sides  | egg fried ricesoy broccolipak choi | minted new potatoessweetcorncourgette | cheesy mashroasted carrotsgarden peas | roast potatoessavoy cabbageswede & parsnip mash | chips roasted root vegetablescauliflower cheese |
| soup & bread | soup of the dayolive oil breadcroutons | soup of the daycheese & herb plait rollscroutons | soup of the daycaramelised onion breadcroutons | soup of the daycrusty bread rollscroutons | soup of the day white breadcroutons |
| pudding 1 | rhubarb fool | apple & blackberry pie | cranberry & white chocolate sponge | syrup pudding | corn flake tart |
| pudding 2  | jam & coconut sponge | honey & yogurt cheesecake | fruity oat cookies | ice buns | coconut macaroons |

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| **week 2** | monday | tuesday | wednesday | thursday**ALLERGEN FREE** | friday |
| main option 1 | butter chicken curry | beef lasagne | chicken enchiladas  | rosemary roasted leg of lamb | cod fish fingers or breaded mini fish |
| main option 2 | onion bhajis served with mango chutney | quorn lasagne | rice & refried bean burrito | stuffed flat mushroom | cheese & caramelised onion pie |
| theatre dishes  | filled khobez | omelette Armageddon | world food wednesday | n/a | catch of the day |
| jacket bar  | tuna, beans & cheese | beans & cheese | tuna, beans & cheese | beans  | chilli, beans & cheese |
| pasta/rice bar | tomato sauce or cheese and bacon sauce | tomato sauce or bolognaise | tomato sauce or cheese & chive sauce | chicken curry with rice | chunky tomato sauce |
| sides  | pilau ricebroccoligreen beans | garlic breadsweetcorncauliflower | corn breadroasted peppers and green beanspeas | roast potatoesbraised red cabbageglazed cabbage  | roast potatoes |
| soup & bread | soup of the daysea salt focacciacroutons | soup of the daynigella seeded rollscroutons | soup of the dayrosemary & garlic breadcroutons | soup of the dayonion rollscroutons | soup of the daypumpkin breadcroutons |
| pudding 1 | jam swirls | chocolate fudge cake | apple strudel | coconut rice pudding | pear & honey crumble |
| pudding 2  | double layered cherry cake | cup cakes | chocolate chip shortbread | fruit flapjack | chocolate & orange cheesecake |

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| week 3  | monday | tuesday | wednesday | thursday | friday |
| main option 1 | lincolnshire sausage with fried onion | tortellini formaggio in tomato & bacon sauce | steak pie | honey & thyme roasted chicken with stuffing | garlic & thyme chicken burger or breaded salmon |
| main option 2 | chick pea & butternut squash curry | potato frittata | brie & cranberry filo parcel | stuffed aubergine with mozzerella | sweetcorn & courgette fritters |
| theatre dishes  | vegan dish  | Tacos | world food wednesday | n/a | catch of the day |
| jacket bar  | tuna, beans & cheese | beans & cheese | tuna, beans & cheese | beans & cheese | curry, beans & cheese |
| pasta/rice bar | turkey meatballs in tomato sauce or ham & pea sauce | tomato & basil sauce or creamy chicken and sundried tomato sauce | sausage in bbq sauce or mac & cheese | chilli with rice | tomato sauce |
| sides  | colcannonroast courgettespeas | garlic breadsugar snapsbroccoli | mashcarrotssweetcorn | roast potatoessautéed cabbageroast parsnips | chips peasbeans |
| soup & bread | soup of the daystilton breadcroutons | soup of the daycheese rollscroutons | soup of the daywholemeal, seeded breadcroutons | soup of the dayspinach rollscroutons | soup of the daysundried tomato breadcroutons |
| pudding 1 | pineapple upside down cake | Sticky toffee pudding | chocolate brownie | banana & caramel cake | roly poly |
| pudding 2  | banoffee pot  | apple & cinnamon muffin | Vanilla sponge with buttercream & strawberry layers | black forest trifle | coconut & custard cake |