|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| week 1  | monday | tuesday | wednesday | thursday | friday |
| main option 1 | chicken chow mein  | cottage pie  | pork stroganoff | roast turkey breast  | fish cake or breaded fish fillets  |
| main option 2 | vegetable chow mein  | baked polenta topped with creamy mushrooms  | mushroom & spinach stroganoff  | roasted vegetable toad in the hole  | sweet corn beignets with a salsa |
| theatre dishes  | bbq pulled pork roll with a sweetcorn relish | mac n cheese pot  | world food wednesday  | n/a | catch of the day |
| jacket bar  | tuna, beans & cheese  | beans & cheese  | tuna, beans & cheese | beans & cheese  | curry, beans & cheese |
| pasta/rice bar | tomato or smoked ham & pea sauce | tomato or carbonara sauce | tomato or three cheese sauce  | pork curry | bolognaise sauce  |
| sides  | mushroom fried ricebroccoli with soy saucesugar snaps  | new potatoes sweetcorngreen beans  | ricebroccoli roast carrots | parisienne potatoesparsnip, carrot & swede pureesavoy cabbage  | chipspea cauliflower |
| soup & bread | soup of the day olive oil bread | soup of the dayplait rolls  | soup of the daycaramelised onion bread | soup of the daychorizo rolls | soup of the daystilton bread  |
| pudding 1 | peach melba  | apple & caramel pie  | lemon curd roly poly | chocolate bread & butter pudding  | chocolate & spinach cake  |
| pudding 2  | rice pudding with strawberry jam  | fresh fruit jelly with whipped cream  | chocolate & avocado layered cake | caramel layered cake | hummingbird cake  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| week 2 | monday | tuesday | wednesday | thursdayAllergen Free day | friday |
| main option 1 | filled beef taco  | lamb moussaka | chicken & ham pie  | roast joint of bacon  | cod fish fingers or breaded fish fillets  |
| main option 2 | mexican bean dip with tortilla chips  | spinach, sweet potato & lentil dhal  | grilled asparagus with poached egg & hollandaise sauce | veggie shepherd’s pie topped with sweet potato mash  | broccoli & cauliflower cheese with a crumb topping  |
| theatre dishes  | salad of the day  | bibimbap (korean rice bowl) | world food wednesday  | n/a | catch of the day |
| jacket bar  | tuna, bean & beans |  beans & cheese  | tuna, beans & cheese | beans  | curry, beans & cheese |
| pasta/rice bar | bolognese or tomato & basil  | tomato or bacon & spring onion sauce  | tomato or sausage in bbq sauce  | chili con carne  | chunky tomato sauce  |
| sides  |  rice roast courgettesbroccoli  | garlic bread peas roast root vegetables  | creamy mash potato green beanssweetcorn  | roast potatoessavoy cabbagebroccoli  | chipspeascarrots |
| soup & bread | soup of the day wholemeal bread  | soup of the daytiger bread rolls  | soup of the daypoppy seed bread | soup of the dayroast onion rolls | soup of the daypumpkin bread  |
| pudding 1 | banana & honey cake | cinnamon buns  | bakewell tart | carrot cake  | apple & strawberry crumble  |
| pudding 2  | white chocolate & raspberry mousse |  strawberry roulade | lemon cheesecake pots  | banana & coconut custard | choc ices |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| week 3  | monday | tuesday | wednesday | thursday | friday |
| main option 1 | meat loaf covered in bbq sauce  | fish pie  | quiche lorraine  | roast lamb with mint sauce  | cajun chicken burger or breaded salmon fillet |
| main option 2 | butternut chilli with rice | asparagus & new potatoes frittata | tomato and leek quiche  | crispy greek style pie  | falafel burger with tzatziki  |
| theatre dishes  | risotto of the day  | hot filled wrap  | world food wednesday  | tasting table | catch of the day |
| jacket bar  | tuna, beans & cheese  | coleslaw, beans & cheese  | tuna, beans & cheese | coleslaw, beans & cheese  | curry, beans & cheese |
| pasta/rice bar | turkey meatballs in tomato sauce or ham & pea sauce  | tomato & basil or creamy chicken & sundried tomato sauce | sausage & bbq or cheese & chive sauce  | chili con carne  | chunky tomato sauce  |
| sides  | colcannon mash cauliflowersugar snaps  | herby diced potatoessweetcorncarrots  | minted new potatoes roast courgettesbroccoli  | roast potatoessautéed cabbageroasted root vegetables  | chipspeasbeans |
| soup & bread | soup of the day olive oil bread  | soup of the daycheese & herb bread rolls  | soup of the daywholemeal, mixed seed bread | soup of the daymalt bread rolls | soup of the dayspinach bread  |
| pudding 1 | lemon drizzle  | pineapple upside down cake | chocolate and beetroot cake | sticky ginger and banana cake | sticky toffee pudding  |
| pudding 2  | cream and jam finger | strawberry mousse cake  | mille-feuille  | fruit trifle | orange and polenta cake  |