

National Schools Aquathlon Championships

On Tuesday 24th April, St Faith's entered 11 children into the National Schools Aquathlon at St Teresa's Effingham, Surrey. This was the first time we had attended the particular competition and we were very excited about competing in this run and swim event. Ten boys from Years 5 to 8 and one girl from Year 5 competed and all of them showed incredible strength and determination whilst participating at this prestigious event. They were entered in various disciplines (chosen by the children) which had differing distances for their swimming or running. Here are the categories:

Category	Swim (25m pool)	Run (approx.)
SuperSprint	50m(two lengths)	500m
Sprint	100m(four lengths)	1000m
Olympic	200m(eight lengths)	2000m

The results were as follows and, bearing in mind they were approximately 500 pupils there in all of the various disciplines, our children acquitted themselves admirably.

Name	Event type	Time	Position
Year 5			
James R	Super Sprint	3.50	7th
Jeremy P	Super Sprint	3.25	3rd
Year 5			
Stephanie B	Sprint	6.54	12th
Reuben C	Sprint	6.10	4th
Year 6			
Harper R	Sprint	6.27	7 th
Sam G	Sprint	6.58	12 th
Ewan S	Sprint	7.18	19 th
Year 6			
Maxim H	Olympic	11.16	7 th
Year 7			
Sam B	Sprint	7.49	6 th
Year 7			
Jacob C	Olympic	10.31	8 th
Year 8			
Nicholas H	Olympic	10.02	5th

Huge thanks to Mrs Hames, Mrs Critchley and the parents for their assistance on the day. It was a truly memorable event and Reuben and Jeremy were our highest placed performers in 4th and 3rd respectively. Definitely one for next year and it gave them an insight into how hard they have to train in order to compete at this level.

Tim North
Head of PE