

# BSGA National Milano Team Trio Finals

## Stoke on Trent

On Friday 15<sup>th</sup> March, four of our school gymnastics team entered the BSGA National Team Trio Finals in Stoke on Trent. This is a very prestigious event as it is open to all schools in the country, not just independent schools. As you can imagine, the competition was incredible and our teams were up against as many as 18 other schools in their categories.

The day started at 07:45 with the warm up for the U13 Boys and U13 Mixed teams. In the boys, Viraj, Isaac and James were in fantastic form on floor and vault and they finished the morning with their group sequence. The U13 Mixed team had the added pressure of being defending Champions but started with their group and then moved to floor and vault. At lunch time the medal ceremony was hugely exciting as both our teams were crowned **National Champions** which, for our boys, was the first time we have won it. In the U13 Boys, the East Region were also crowned Regional winners as the scores from St Faith's and Habs Boys were added together so we won two trophies. The U13 Mixed team consisting of Finn, Emily, Connie and Alex were justifiably proud of winning for a second year running and being crowned **National Champions**; it is always harder to stay at the top than get there sometimes.

In the afternoon, it was the turn of our U11 teams. The U11 Boys team consisted Harry, Toby and Reuben, whilst our U11 Mixed team was Max, Hannah and Luciana. They started on their floor and vault and then competed in the group sequences many hours later around 18:45. They had to wait until almost 20:30 to find out where they had been placed, but it was worth the wait. The U11 Mixed were beaten by an incredible team from the East area called Downham Primary, who had three full time club gymnasts. We held our own though and amazingly and came 2<sup>nd</sup> in the whole country, losing by just 0.5 of a mark. Max shared the highest vault and floor scores from any U11 boy, with the pupil from Downham, which was an amazing feat. The East region again won the regional title with St Faith's and Downham's score being added together.

Finishing off the day, our U11 Boys had performed superbly all day and were crowned **National Champions**, much to our and their delight. The East region again won the Regional title as Habs Boys and our scores were added together and, due mainly to our school's performances, the East Region won the overall National title for the first time as a Region.

It was, to coin a phrase, the best results we have ever had at the Nationals with three golds and a silver from 4 teams. Mrs North, Miss Butler and I were all suitably proud of the children and they were the most amazing company all day. It was possibly the longest day ever in a gym as we finished at nearly 21:00 and got home at 00:20, but it was definitely worth it.

It will be a day to remember for a long time!

Mr North  
Head of PE