

St Faith's
C A M B R I D G E



YEAR 5

SCIENCE SLEEPOVER

Thursday 17th October 2019

Camper survival guide

So you're coming to the St Faith's Science Sleepover on Thursday 17th October! We're looking forward to seeing you, but please read this sheet and make sure your parents read it too – it will tell you more about what will happen on the night.

What do I bring?

Everybody needs:

- Sleeping bag
- Sleeping mat
- Pillow, if you use one
- Toothbrush + toothpaste
- Small, named bottle of water if you think you will need a drink during the night
- Reading book
- Comfortable sleepwear
- Outdoor shoes suitable for use on damp grass
- Indoor trainers, socks and clothes for running around in Sports Hall
- Warm clothes – one of the activities is outdoors
- Medication & inhalers if you need either.

Please do not bring:

- Cameras
- Mobile phones
- Electronic devices
- Smart clothes – this is a hands-on event
- Sweets, snacks or fizzy drinks.

It is your responsibility to look after your belongings.

Where will I sleep?

You will be sleeping on the floor in Ashburton Hall. The hall will be divided in two by a row of chairs, with boys on one side and girls on the other. Girls will have room 22A to get changed in and boys will use the drama room. Teachers will be sleeping in the hall with you and others will be sleeping in Ashburton classrooms nearby.

The lights in the Crush Hall will be left on all night and staff are on hand if you need to go to the toilet during the night.

What will I eat?

Please remember to eat your evening meal before you arrive. We will provide a snack of pizza at approx. 9pm and will provide you with a light breakfast on Friday morning in the dining room.

What will I be doing?

Science Sleepover is an all-night extravaganza and we have lots of fun activities, shows and workshops planned for you. But don't worry, all will be revealed on the night!

What time does the Science Sleepover start and finish?

Our Science Sleepover starts at **19.00** and finishes at **11.00** the following day which is the first day of your half-term holiday (Friday 18th October).

What if there is an emergency?

If there is an emergency and your parents need to contact us during the night, please tell them to phone **07985 762371**. We have your parent's contact number and can phone them if we need to, so don't worry.