

## Milano Mixed Trio National Gymnastics Finals

On Friday 13<sup>th</sup> March the U13 Mixed trio team of James W, Viraj S Elizabeth H and Luciana P represented St Faith's as Eastern Region champions at the National Finals in Stoke on Trent. Luciana had been off for approximately 6 weeks with an injury sustained at the Tumbling regionals so to say she and the group have had less practice than normal, would be an understatement. Despite this they performed superbly in their floor and vault and then gave a commanding group sequence performance. It was the highest standard ever at this event with 14 teams competing so it was always going to be an incredibly tough competition but we were rewarded with a Bronze medal as a team. The scores were as follows:

### U13 Mixed

James W	15.40 on vault only
Luciana P	13.85 on floor only
Viraj S	14.70 floor 15.60 vault
Elizabeth H	14.00 floor 14.40 vault
Group	24.20
Total	112.15 3 <sup>rd</sup> overall out of 14

On Saturday, 14<sup>th</sup> March the U11 Boys' team Jake T, Kit W, Oli W and Jamie LF (all Year 4 so they are still U9) competed against 13 other schools also in a fiercely contested event. The boys were performing for the first time in this type of discipline and coped admirably with the pressure. We came into it with no real expectations of medals as they are two years younger, but they performed solidly on both floor and vault and scored one of the best group routine scores of the day. As a result they were delighted to find out they had actually medaled in Silver position and this bodes well for the next two years if they can continue to develop. Their scores were as follows:

### U11 Boys

Jamie LF	13.85 vault only
Kit W	13.30 floor only
Jake T	13.55 floor, 14.50 vault
Oliver W	13.85 floor, 14.60 vault
Group	24.40
Total	108.00 2 <sup>nd</sup> out of 14

Also on Saturday the U11 Mixed team comprised of Reuben L, Max B and Hannah W competed in the largest event with 15 teams vying to be National Champions. They all performed solidly and although there are no individual medals at this event, it is worth noting that Hannah scored the highest floor and vault scores in this discipline on the day. We were up against some seriously strong teams and it was always going to come down to the group sequence and in the end we just missed out to the Welsh team and came 2<sup>nd</sup> overall; a repeat of last year's position. The scores were as follows:

### U11 Mixed

Reuben L	13.65 floor, 14.60 vault
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Max B	14.00 floor, 14.35 vault
Hannah W	14.65 floor, 15.20 vault
Group	23.55
Total	110.00 2 <sup>nd</sup> out of 15

Three out of three teams medaled and we are delighted with one bronze and two silvers at the National finals; it is a testament to our children that they can adapt and perform under pressure in so many different venues and disciplines of gymnastics. Thank you to Mrs North for constructing all the routines and to Miss Butler for her invaluable help on the day. It was fantastic weekend with some lovely parents joining us at the hotel and the competition. We had time for some tenpin bowling, swimming and down time with the children and they were fantastic company.

Mr T North  
Head of PE