

Foundation

This week we have been thinking about healthy eating. We read the story 'Vegetable Glue' which is a funny story about the need to eat vegetables to stop body parts falling off! We have also been writing about our favourite foods, sorting food into those we need to eat a lot of and those we should only eat occasionally. We made amazing junk models of a healthy meal.

As the weather gets colder, we still carry on our outside playing and so it is really important that the children zip up their coat. Mrs Harmsworth set her class a challenge to learn to zip up their coats and FVH have shown fantastic learning habits (perseverance and resilience) as each child has shown they can! Mrs Bates and Miss Hendry don't want to be beaten and would like to extend the challenge – can all of Foundation learn to zip their coats independently by the end of term? Please help your child practise this skill at home. You might like to use this rhyme to help: The zipper is the monkey and the tab side is the banana. You put the banana in the monkey and the monkey climbs the tree.

As we have now finished 'Phonic booklet 1', please keep this at home and use it to continue to practise the letter sounds and formation. The children really benefit from repetition and revision. 'Phonic booklet 2' will be introduced at the start of next term. We will continue to send home phonics homework on Mondays - Thursdays to be completed and sent back in the following day. Please help your child to do the task and remember to use a pencil!

For homework, please make the Snowman Countdown paper chain, found in their book bags, to help them count down the days until Christmas. Things you might like to do with the Snowman chain:

- Help your child read the numbers on the rings
- Count backwards from 25
- Work out how many days left until the Christmas production/the start of the holiday/Christmas
- Count how many days have passed so far
- Talk to them about what is happening on each day or ask questions like, "on what date is the Nativity play?" or "What will the date be in three days' time?"

Next week, we will be finding out about the first Christmas and are looking forward to our live advent service on Monday where the two youngest children in school will be lighting the first candle on our advent wreath.

Best Wishes

The Foundation Team