



Fruit Flapjacks

Flapjacks are always a popular dessert at lunch.

Serves 12

Ingredients

250g porridge oats
125g butter
125g brown sugar
2tbsps golden syrup
50g sultanas

Method

1. Place the butter, sugar and golden syrup in a pan until the butter has melted, then pour the mixture over the oats and sultanas and mix. Lightly grease a baking tin with butter and spoon in all the mixture.
2. Using the back of a spoon press into the corners so the mixture is flat and score the mixture into 12 squares.
3. Place in the oven and bake on 180 until golden brown (about 20 minutes).

