

## Pre Prep

Having reached the penultimate week of the half term we are looking ahead with anticipation to the forthcoming break. The children have worked incredibly hard and should be proud of all their efforts. We are so impressed with their commitment to doing their best and showing interest in their learning. On Friday 12<sup>th</sup> February we will have a dressing up day for fun and good cheer as we look forward to being back in school soon.

### Year 1

The theme of this year's Children's Mental Health Week is **Express Yourself**. Expressing yourself is about finding ways to share feelings, thoughts, or ideas, through creativity. This could be through art, music, writing and poetry, dance and drama, photography and film, and doing activities that make you feel good. On Friday, we invite Year 1 pupils to 'Dress to express'. Pupils could wear their favourite colour or choose a range of colours that express how they're feeling. Colour can be very personal and mean different things to different people, so this is a great opportunity to encourage self-expression and celebrate a diverse range of emotions.

### Year 2

For Year 2 the theme will be Chinese New Year as the children will have a session exploring the traditions of this cultural festival. They might like to wear something red or something 'new', as it is traditional to wear new clothes at this time. Children at home and at school will be able to join in the fun of the day!

The Year 1 & 2 teaching team