

## Thank you for Our Wellbeing Day

Dear Ms. Kennerley,

Thank you for creating a day where we can get outside instead of staring at a screen all day.

The activity I enjoyed the most was getting outside and going for a dog walk in sugar like snow. I enjoyed this activity because I am not a big fan of computers but I love the countryside especially when there is snow. On my dog walk I was ice skating on a frozen puddle.

This day made me feel better because sometimes when I'm staring at the computer all day I get a headache. I felt more relaxed because I wasn't having to get to lessons on time.

Thank you very again. best wishes Ellie.



Dear Ms Kennerley,

Thank you so much for organising the wellbeing day!! It was so much fun, and I really enjoyed it!

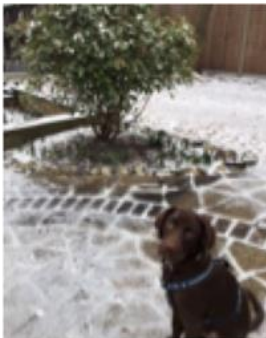
The most favourite thing I did on wellbeing day was making a puppet show of the three little pigs, playing outside in the snow and watching the film!! It was super fun!



It made me feel much better with myself by being away from the screens and I also made lunch for my family that made me good with myself! It felt like an early holiday!

Thank you so much for yesterday and I really enjoyed it!

Here are some snowy pictures that were from yesterday:



From Maya



Dear Ms. Rennerley

I'm very grateful for all you have done to make the worst day of the week the best day of the term. It feels so nice to be able to play in the snow and know that you don't have to rush back to a lesson. I was really stressed by school technical problems, and submitting work that was due soon but you choose to make it a lovely stress-free day for everyone so once again thank you.

The first thing I did was listen to music and thought about nothing for the time <sup>time</sup> in a day and just sat there listening to the song. Then I watched Genomio and Juliet which was a nice giggle and laugh. After that I had a magnificent time stroking my dog Conker and racing my hamster Harley. Finally I did 100 pull ups on the bar and did a 10 minute run up and down my field and finished off with a pint of water. I almost forgot I also made a Zen garden model and played in the snow <sup>alot</sup>





Dear Ms Kennerley,

I am writing to thank you for organising and setting up Wellbeing Day. I absolutely loved it.

I enjoyed every single one of the activities. My favourite was the PE and Games active hour because I got to go out and play in the snow, which was much fun! Additionally, I enjoyed relaxing and reading my new book - 'Harry Potter and the Cursed Child.' I also got to write a letter to my Grandma who I haven't seen for a long while. Finally, I took this day as an opportunity to play an Italian card game called Scopla. My mum and dad played against me and we had lots of fun.

Wellbeing Day made me feel so much better! This is because I had a day off the screen, not doing any schoolwork and I just felt more rested. Overall, I also felt much happier!

I thoroughly enjoyed Wellbeing Day.

Thank you once again.

Best wishes,

Patrick

Dear Ms Kennerley,

Thank you very much for Wellbeing Day yesterday. It was really fun!

I enjoyed not being inside all day in front of a screen. There were so many exciting activities to choose from.

My favourite activity was taking photographs of my pets. I also really enjoyed the Life Skills challenge. I made a lemon drizzle cake AND a treacle sponge (I learnt how to make it in Science).

There was even time to make a family of snowmen with my sister. We made five, one for each of us. I am attaching a photograph of some of them for you to see.

I hope you had fun too.

Best wishes,

Toby ..... (5C)

