

# Pastoral Spotlight

## February

This week we have focussed on Friendships in both House Assemblies and also with Year 7 girls.

Having friends is one of the world's greatest pleasures. Taking the time to get to know someone and nurture a lasting friendship can be difficult, but it is worth every bit of effort. People have often drawn analogies between friendships and gardens. Friendship is like a beautiful garden; the more you put into it the more it grows, the better it becomes. Sowing seeds of Kindness, Acceptance, Honesty, Compassion and Forgiveness will yield an abundant and healthy friendship.



In the book of Colossians Chapter 3 vs 12 we are told,  
" Therefore as God's chosen people, holy and dearly loved, clothe yourself with compassion, kindness, humility, gentleness and patience."

The response from our hearts is therefore to choose to be kind, compassionate, humble, gentle and patient with one another.



Some children wrote post cards to their friends to share their thanks and appreciation for their gift of friendship, others watched a short film, 'How You Treat People is Who You Are' and reflected on important messages such as these.

Choose to **set**  
the **example**.



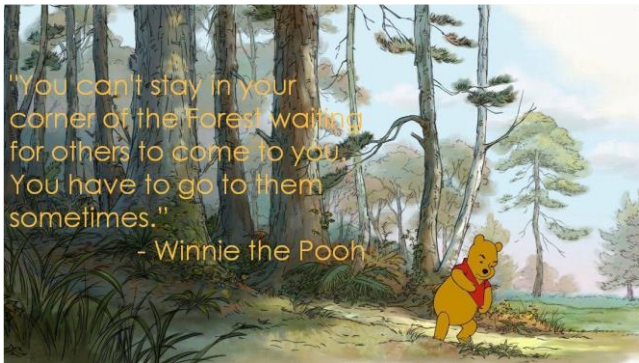
The example of  
**kindness** and **integrity**.



The example of  
**compassion** and  
**understanding**.



The younger children liked this message from Winnie the Pooh



Year 7 girls reflected on the ups and downs of friendships and how as a group they can recognise signs of problems and what they can do to help. Working together, supporting each other as they navigate the ups and downs of friendships.

A recommended read

[https://www.amazon.co.uk/When-Girls-Fall-Out-daughters/dp/1399901087/ref=sr\\_1\\_1?adgrpid=132235211204&qclid=EAiaIQobChMIhcv-sevy9QIV3oBQBh1sLw0FEAAYASAAEqIIMfD\\_BwE&hvadid=578366574666&hvd-ev=c&hvlocphy=1006598&hvnetw=g&hvqmt=b&hvrnd=3073555294914427494&hvtargid=kwd-1561908627588&hydadcr=4180\\_2155367&keywords=when+girls+fall+out&qid=1644417194&sr=8-1](https://www.amazon.co.uk/When-Girls-Fall-Out-daughters/dp/1399901087/ref=sr_1_1?adgrpid=132235211204&qclid=EAiaIQobChMIhcv-sevy9QIV3oBQBh1sLw0FEAAYASAAEqIIMfD_BwE&hvadid=578366574666&hvd-ev=c&hvlocphy=1006598&hvnetw=g&hvqmt=b&hvrnd=3073555294914427494&hvtargid=kwd-1561908627588&hydadcr=4180_2155367&keywords=when+girls+fall+out&qid=1644417194&sr=8-1)

# WHEN GIRLS FALL OUT

A GUIDE FOR PARENTS OF DAUGHTERS  
TOLD FROM THE GIRLS' POINT OF VIEW

Andrew, Holly and Naomi Hampton

Mrs S Hames

Head of Newton House