

## Pastoral Recommendation

The NSPCC have produced some excellent resources to help build resilience and wellbeing in 5–9-year-old children after the pandemic. You can sign up via the link listed below, and in return for a monthly donation to the charity, you can receive some wonderful activities to assist your child in developing important coping skills. If you want to sign up two children, you are encouraged to donate twice. It is possible for you to decide how much to donate, although £8, £10 or £12 per month is suggested. I believe that you can cease your donations when you desire.

<https://www.nspcc.org.uk/support-us/ways-to-give/nspcc-amazing-me/>

Mrs North  
Head of Latham House