

# IAPS Triathlon Championships

On Sunday 8<sup>th</sup> May, 8 triathletes from across Years 5-8 competed at the IAPS Triathlon held at Monkton Prep School in Bath.

After only a few weeks of triathlon training for some of the team, the children held their ground in what was a strong field of competitors, swimming, cycling, running and executing swift transitions between each discipline before crossing the finishing line.

The cycle course was challenging both in its layout, but also its impressive inclines and deathly descents! None of the children were fazed by these challenges or indeed the hair pins bends. The run course was equally tough and exposed. Each child was noted for their excellence on at least one aspect of the course.

- ⇒ Matilda and Cosmo (Year 5) demonstrated clean dismounts and a healthy competitive spirit as they whizzed around the cycle course.
- ⇒ Molly (Year 6) manoeuvred her bike safely around all the corners and ran a steady, well-paced run.
- ⇒ After his swift swim, Nathan (Year 6) loved powering up the hills on the cycle course.
- ⇒ Tom (Year 6) had an impressive run keeping his form throughout after his solid bike ride.
- ⇒ Pablo and Toby (Year 7) chased and overtook many cyclists before attacking the run course.
- ⇒ Juliette (Year 8) thoroughly enjoyed the inclines and descents at impressive, if not frightening speeds!

The children had a great day together and came away with a love of triathlon.

**4 of the triathletes finished in the top ten of their age category:**

**Juliette 3<sup>rd</sup>, Pablo 4<sup>th</sup>, Nathan 6<sup>th</sup>, Toby 7<sup>th</sup>  
Tom 18<sup>th</sup>, Molly 25<sup>th</sup>, Cosmo 25<sup>th</sup> closely followed by Matilda**